

Fast Facts

Typhoid Fever

- Also called enteric fever
- Caused by the bacteria *Salmonella typhi*
- Related to the bacteria that cause salmonellosis
- Serious worldwide threat
- Common in developing countries
- Spread through the feces and, sometimes, urine of infected individuals
- If you ingest food or water that's been handled by infected person who didn't thoroughly wash their hands after using the toilet, you can become sick
- Symptoms start gradually and appear about one to three weeks after exposure

<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<p><i>Early:</i></p> <ul style="list-style-type: none"> -Fever that starts low and increases daily (in some cases, it can get up to 104.9°F) -Headache -Weakness/fatigue -Muscle aches -Sweating -Dry cough -Loss of appetite -Weight loss -Stomach pain -Diarrhea/constipation -Rash -Extremely swollen abdomen <p><i>Late:</i></p> <ul style="list-style-type: none"> -Delirious -Typhoid state (lying motionless with your eyes half-closed) -Life-threatening complications 	<p><i>Antibiotics:</i></p> <ul style="list-style-type: none"> -Ciprofloxacin -Azithromycin -Ceftriaxone <p>-Prevent dehydration by drinking plenty of fluids or receive intravenously</p> <p><i>Surgery:</i></p> <ul style="list-style-type: none"> -Correct perforated intestines or intestinal bleeding -Correct other complications 	<ul style="list-style-type: none"> -Vaccinate if living, working or traveling to area where common <p><i>From Getting:</i></p> <ul style="list-style-type: none"> -Wash hands frequently and thoroughly in hot, soapy water for at least 30 seconds (after using the toilet, before preparing/eating foods and any time your hands are visibly dirty) -Use alcohol-based hand sanitizer when you can't wash -Drink only bottled water, canned/bottle carbonated beverages, wine and beer (without ice) -Use bottled water to brush teeth -Check the seal on bottled water to make sure that it's not been broken -Avoid raw fruits and vegetables -Stay away from foods that are stored or served at room temperature -Eat foods that hot and aren't from street vendors <p><i>From Spreading:</i></p> <ul style="list-style-type: none"> -Take all of your antibiotics as prescribed until they're gone -Wash your hands frequently and thoroughly -Don't prepare food for others until your doctor says you're no longer contagious

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