

Fast Facts

Asthma

<i>Classification</i>	<i>Symptoms</i>
Intermittent	<ul style="list-style-type: none">-Uses inhaler < twice a week-No change in normal activities
Persistent – Mild	<ul style="list-style-type: none">-Uses inhaler > twice a week-Minor changes to normal activities-Normal breathing tests-Might be awakened 3-4 times a month
Persistent – Moderate	<ul style="list-style-type: none">-Uses inhaler almost every day-Restrictions on everyday activities-Limitations on breathing tests-Might be awakened once a week
Persistent - Severe	<ul style="list-style-type: none">-Uses inhaler several times a day-Severe restrictions on everyday activities-Low scores on breathing tests-Might be awakened every night

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