

## Fast Facts Box 1

### Diabetes Symptoms

<b><i>Neuropathy</i></b>	Dry skin, calluses, foot ulcers, numbness, pain in calf (intermittent claudication)
<b><i>Nephropathy</i></b>	Don't usually show into kidney function is almost gone Swelling (fluid buildup), loss of sleep, poor appetite, upset stomach, weakness, difficulty concentrating
<b><i>High Blood Pressure</i></b>	None
<b><i>Stroke</i></b>	Weakness or numbness on one side of the body, sudden confusion or trouble understanding, trouble talking, dizziness/loss of balance/trouble walking, trouble seeing out of one or both eyes, double vision, severe headache
<b><i>Gastroparesis</i></b>	Heartburn, nausea, vomiting of undigested food, early feeling of fullness when eating, weight loss, abdominal bloating, erratic blood glucose levels, lack of appetite, gastric reflux, spasms of stomach wall
<b><i>DKA (Diabetic Ketoacidosis)</i></b>	Thirst or very dry mouth, frequent urination, high blood glucose levels, high levels of ketones in the urine, constantly feeling tired, dry/flushed skin, nausea/vomiting/abdominal pain, difficulty breathing, hard time paying attention/confusion, fruity odor on breath
<b><i>HHNS (Hyperosmolar Hyperglycemic Nonketotic Syndrome)</i></b>	Blood glucose over 600, dry/parched mouth, extreme thirst, warm/dry skin that does not sweat, high fever (>101°), sleepiness/confusion, loss of vision, hallucinations, weakness on one side of the body

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