

Fast Facts Box 2

Lab levels for Diabetes

	<i>Normal</i>	<i>Prediabetes*</i>	<i>Diabetes</i>
<i>A1c</i>	< 5.7%	5.7% - 6.4%	≥ 6.5%
<i>FPG</i>	< 100	100 - 125	≥ 126
<i>OGTT</i>	< 140	140 - 199	≥ 200

*Prediabetes is when blood glucose levels are elevated, but not enough to be considered diabetic (usually the person does not have any symptoms of diabetes).

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