

## Fast Facts

### Sexually Transmitted Diseases/Infections (STD/STI)

- Can happen to anyone (heterosexual, homosexual, single or married)
- From any type of sexual activity (oral/vaginal/anal intercourse & genital touching)
- Can be broken down into groups: *bacterial* (chlamydia, gonorrhea and syphilis), *parasitic* (trichomoniasis) & *viral* (genital herpes, human papillomavirus, hepatitis A/B/C & HIV)

<i>Source</i>	<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<i>Bacterial</i>	<p><i>Chlamydia</i> - no or minimal symptoms (painful urination, lower abdominal pain, discharge from vagina or penis, pain during intercourse (women), bleeding between periods (women) and testicular pain)</p> <p><i>Gonorrhea</i> - appears in genital tract, mouth, throat, eyes and anus (symptoms include thick/cloudy/bloody discharge from the penis or vagina, pain/burning sensation when urinating, heavy menstrual bleeding or bleeding between periods, painful/swollen testicles, painful bowel movements and anal itching)</p> <p><i>Syphilis</i> - a small, painless sore (chancre) on the area of your body where the infection was transmitted (followed by a rash marked by red or reddish-brown, penny-sized sores over any area of your body, fever, enlarged lymph nodes, fatigue, vague feeling of discomfort and soreness/aching) Note: Can lead to tertiary syphilis if not treated (symptoms include lack of coordination, numbness, paralysis, blindness, dementia and death)</p>	<p>-Antibiotics (take all as prescribed by doctor)</p>	<p>-Use condoms</p> <p>-Get regular screenings</p> <p>-Talk about prevent unnecessary risks with partner/partners</p> <p>-Don't do anything that makes you uncomfortable</p>
<i>Parasitic</i>	<p><i>Trichomoniasis</i> - Symptoms include clear/white/greenish/yellowish vaginal discharge, discharge from penis, strong vaginal odor, vaginal itching/irritation, penile itching/irritation, pain during intercourse and painful urination (Note: Men often don't have any symptoms)</p>	<p>-Antibiotics or anti-parasitics (take all as prescribed by doctor)</p>	
<i>Viral</i>	<p><i>Genital herpes</i> – no or mild symptoms (small red bumps, blisters or open sores in the genitals/anal/nearby areas, pain/itching around the genitals/buttocks/inner thighs, painful urination, flu-like symptoms, swollen lymph nodes in groin) Note: first episode is usually the worst</p>	<p>-Anti-virals (help to control symptoms—no cure available)</p>	

	<p><i>Human papilloma virus (HPV)</i> - no symptoms or genital warts (small, flesh-colored/gray swellings in your genitals, several warts close together that look like a cauliflower, itching/discomfort in your genitals and bleeding with intercourse) Note: warts can occur in the mouth or throat of person if they have had oral sex with an infected person</p> <p><i>Hepatitis</i> - no symptoms or fatigue, nausea/vomiting, abdominal pain/discomfort, loss of appetite, fever, dark-colored urine, muscle/joint pain, itching and jaundice (yellowing of your skin and whites of your eyes)</p> <p><i>Human Immunodeficiency Virus (HIV)</i> - flu-like symptoms, such as fever, headache, sore throat, swollen lymph nodes, rash and fatigue Note: can cause continuing mild infections or develop chronic symptoms, like swollen lymph nodes, diarrhea, weight loss cough/shortness of breath and fever)</p>		
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