

Fast Facts

Wolff-Parkinson-White Syndrome (WPW)

- Result of an abnormal electrical pathway in the heart
- Present at birth but not detected until years later (teens or 20s) when symptoms first appear
 - Two main types: Looped and Disorganized
 - Can cause atrial fibrillation
 - Usually not life-threatening
 - Rare condition
 - More common in men
- Can be triggered by certain things, such as exercise, caffeine, stimulants and alcohol
- Symptoms come on suddenly and last a few seconds or several hours

<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<ul style="list-style-type: none"> -Palpitations -Dizziness -Lightheadedness -Shortness of breath -Fainting -Fatigue -Anxiety 	<ul style="list-style-type: none"> -No treatment if symptoms go away by themselves <p style="text-align: center;"><i>Goal:</i> Slow a rapid heart rate and to prevent further instances from occurring</p> <ul style="list-style-type: none"> -Vagal maneuver -Medication (injection and pill) -Cardioversion -Ablation 	<ul style="list-style-type: none"> -No way to prevent it from occurring -Prevent an episode from happening by avoiding anything that brings them on -If symptoms aren't improving or are taking place more frequently, talk to a doctor
<p><i>If atrial fibrillation present:</i></p> <ul style="list-style-type: none"> -Chest pain -Chest tightness -Difficulty breathing 		
<p><i>Infant:</i></p> <ul style="list-style-type: none"> -Restlessness -Irritability -Rapid breathing -Poor eating -Ashen color 		

©2019 Demystifying Your Health. All rights reserved.

Demystifying Your Health does not provide medical advice, diagnosis or treatment.