Length of Time COVID-19 Lives on Surfaces		
Surface	Examples	Length of Time
Aluminum	Soda cans, tinfoil, water bottles	2-8 hours
Copper	Pennies, teakettles, cookware	4 hours
Cardboard	Shipping boxes	24 hours
Stainless Steel	Refrigerators, pots/pans, sinks, some water bottles	2-3 days
Plastics	Packaging (milk containers/detergent bottles), subway/bus seats, backpacks, elevator buttons	2 – 3 days
Wood	Furniture, decking	4 days
Metal	Doorknobs, jewelry, silverware	5 days
Ceramics	Dishes, mugs, pottery	5 days
Glass	Drinking glasses, measuring cups, mirrors, windows	Up to 5 days
Paper	Newspaper, magazines, school paper	Varies (few minutes to 5 days)
Fabrics	Clothing	Varies
Water	Drinking water	No transmission
Food	Fruits, vegetables	No known transmission (still wash under running water before consuming)

©2020 Demystifying Your Health. All rights reserved.

anot provide m Demystifying Your Health does not provide medical advice, diagnosis or treatment.