

## Fast Facts

### Skin Tags

- Harmless, small piece of soft skin that can look smooth or irregular
- Raised from the skin by a stalk (peduncle) and contains fibers, ducts, nerve cells and fat cells
  - Starts as small, flat pinhead bump, but can range in size from 2 millimeters (mm) to 1 centimeter (cm) with some getting up to 5cm
- Exact cause isn't known, but thought to be related to groups of collagen and blood vessels becoming stuck inside thicker pieces of skin
- Can appear anywhere on your body, but most likely in areas where the skin rubs against clothing or other skin, such as in creases or folds
- Typically, they go unnoticed. Sometimes, they're in a spot that gets repeatedly rubbed or scratched causing them to bleed or get irritated
- Many different names, like acrochordon, cutaneous papilloma, cutaneous tag, fibroepithelial polyp, fibroma molluscum, fibroma pendulum, soft fibroma and Templeton skin tags
  - Very common with almost 50% of adults have at least one
    - Men and women are affected equally
    - Generally, appear after midlife

<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<i>Small, raised bump found on/in:</i> -Eyelids -Armpits -Under the breasts -Groin -Upper chest -Neck	-Can rub/fall off by themselves  <i>At Home:</i> -Over-the-counter solutions  <i>Doctor's Office:</i> -Cauterization -Cryosurgery -Ligation -Excision	-Nothing known at this time  -Prevent infection by not removing them at home without talking to a doctor first

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