

## Fast Facts

### Bartholin's Cyst

- Bartholin's glands are located on either side of the vaginal opening and secrete fluid that helps to lubricate the vagina
- Openings can become blocked resulting in the fluid backing up causing the gland to swell
  - Typically, this results in a painless lump
  - Common
- Reason for the blockage is thought to be an injury to or infection of the area.
- Sometimes, the cyst becomes infected and is filled with pus

<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<p><i>Non-infected:</i></p> <ul style="list-style-type: none"> <li>-Painless lump on one side of vaginal opening</li> </ul> <p><i>Infected:</i></p> <ul style="list-style-type: none"> <li>-Painful</li> <li>-Redness</li> <li>-Discomfort when walking/sitting</li> <li>-Pain during intercourse</li> <li>-Fever</li> </ul>	<ul style="list-style-type: none"> <li>-Don't usually need treatment</li> </ul> <p><i>Small, Non-infected:</i></p> <ul style="list-style-type: none"> <li>-Sitz baths</li> <li>-Over-the-counter pain relievers (acetaminophen or ibuprofen)</li> </ul> <p><i>Large or Infected:</i></p> <ul style="list-style-type: none"> <li>-Surgical drainage</li> <li>-Antibiotics</li> </ul> <p><i>Recurring:</i></p> <ul style="list-style-type: none"> <li>-Marsupialization</li> <li>-Removal of gland</li> </ul>	<ul style="list-style-type: none"> <li>-Nothing specific</li> <li>-Good hygiene habits</li> <li>-Practice safe sex techniques</li> </ul>

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